## Sip

House blend tea Cafetière coffee Hot Chocolate Cornish apple juice Still or sparkling water

## Begin

Superfood smoothie

Freshly baked pastry

Caramelised pink grapefruit

Pain de mie toast, condiments

Granola, natural yoghurt, Cornish black bee honey

## Follow

Foraged mushrooms, lemon & thyme oat cream, sourdough

Belgian waffles, Cornish smoked bacon, maple syrup

Whole smoked kipper, lemon, chive, toasted sourdough

Full veggie

Full Cornish

Breakfast seasonal selection

Porridge, cinnamon, banana