

Our **BAR Menu** uses the by-products remaining from the industrial processing of seaweed. It is entirely natural, free of any synthetic additives and is also recyclable and biodegradable.

# Fizz

# WHITE

	125ml	175ml	250ml	Bottle
<b>Wild Idol Non-Alcoholic Sparkling</b> <i>Germany</i> (0%, VN) White peach, citrus mix elegantly with fine bubbles.	8	-	-	35
<b>Jeio Prosecco</b> <i>Italy</i> (12%, VN) Crunchy green apples, sherbet and white flowers. Crisp and fresh.	10	-	-	40
<b>Polgoon Elderflower Sparkling</b> <i>Cornwall</i> (10.5%, VN) An English summer meadow in a glass.	12	-	-	50
<b>Polgoon Pinot Noir Sparkling</b> <i>Cornwall</i> (12%, VN) Summer fruit, tangerine hints of spices and biscuit.	14	-	-	65
<b>Polgoon Seyval Blanc Sparkling</b> <i>Cornwall</i> (12%, VN) Ripe green pears, a host of citrus flavours and a hint of biscotti.	-	-	-	65
<b>Palmer &amp; Co Brut Champagne</b> <i>France</i> (12%, VN) Baked apples and apricots, brioche, hazelnuts and honey.	15	-	-	67

	125ml	175ml	250ml	Bottle
<b>Castano Macabeo</b> <i>Spain</i> 2022 (12%, O, VN) Superbly fresh with peach, apple, and zesty lemons.	7	8	10	29
<b>Baron de Badassiere Sauvignon Blanc</b> <i>France</i> 2022 (12.5%, VN) Floral notes give way to stone fruit and citrus flavours and a lengthy finish.	8	9	12	35
<b>Baron de Badassiere Picpoul de Pinet</b> <i>France</i> 2022 (13%, VN) Lipsmacking freshness, lemons and green fruit in abundance.	9	10	13	37
<b>Polgoon Bacchus</b> <i>Cornwall</i> 2022 (11.5%, VN) Summer in a glass. Grassy, floral notes topped off with fresh lime.	10	12	15	45
<b>Château Des Antonins</b> <i>France</i> 2022 (12%, V) Rich, textured with exotic fruits, grapefruit and complexity.	10	12	15	45

O Organic V Vegetarian VN Vegan

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# ROSÉ & ORANGE

# Red

## Rosé

	125ml	175ml	250ml	Bottle
<b>Lady A Provence</b> France 2022 (11%, O, V) Off dry wine with red cherries and strawberries entice you in. Thirst quenching deliciousness.	9	11	14	40
<b>Polgoon Pinot Noir</b> Cornwall 2022 (11.5%, VN) Home grown grapes. Summer berries and red crunchy apples mingle beautifully.	10	12	15	45

## Orange

<b>Delauney Orange Sauvignon Blanc</b> France 2021/22 (12%, O, VN) Orange peel, honeysuckle and almonds. Dare to be different.	9.5	11	14	42
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125ml 175ml 250ml Bottle

<b>Castano Monastrell</b> Spain 2021 (13.5%, O, VN) Red cherry, blackberry and plum dominate. Juicy and fresh.	7	8	10	29
<b>Masseria Primitivo</b> Italy 2022 (13.5%, V) Black cherry, prunes, pepper spice, and smooth tannins.	8	9	12	35
<b>Polgoon Rondo/Pinot Noir</b> Cornwall 2022 (12%, VN) Juicy and fresh. Cherries and red berries with a hint of spice.	10	12	15	45
<b>Esquinas Malbec</b> Argentina 2021/22 (14%, VN) Punchy blackberry plays with ripe plum and truffle. Rich and velvety.	11	13	16	47
<b>Origines Bordeaux</b> France 2019/20 (12.5%, O, VN) Figs and cherries balanced with oak and smooth ripe tannins.	11	13	16	47

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# COCKTAIL

## Pen Sans Summer Cup & Lemonade

Handcrafted every summer using Caspyn Cornish Dry Gin as a base and whatever fruits are within season. Garnished with cucumber, mint, orange, and berries.

8

## Spritz

Capture a taste of summer with a fresh spritz, beautiful liqueurs elevated with prosecco and a splash of soda served over ice.

PAMPELLE	12
ELDERFLOWER	12
SELECT APERITIVO	12
LIMONCELLO	12

## Old Fashioned

A cocktail to be drunk 'with gravitas'. Select from our unique range of whiskies, bourbon or rum. We will muddle with bitters and sugar, serve over ice and finish with a citrus twist.

ENGLISH WHISKY	12
AMERICAN WHISKY	12
AUSTRALIAN WHISKY	14
JAPANESE WHISKY	18
DON Q GOLD RUM	12
DEVON RUM HONEY	12
DARK MATTER SPICED RUM	12

## Negroni

Created in Florence in 1919, our perfect combination uses local Tarquin's Gin, Campari and Knightor Rose Vermouth.

CLASSIC	10.5
CORNISH KONEVA	10.5
TARQUIN'S NAVY SEADOG	12

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# COCKTAIL

## Martini

The most personal of drinks, everyone has it differently. Vodka or Gin? Wet or dry? Lemon or dirty?

### DRY

5:1 ratio of Tarquin's Gin to Vermouth, orange bitters and lemon twist.

### WET

2:1 ratio of Tarquin's Gin to Vermouth, lemon twist.

### DIRTY

5:1 ratio of Tarquin's Gin to Vermouth, olive brine and olives to garnish.

### VODKA

5:1 ratio of Aval Dor Vodka to Vermouth, either with Lemon or Dirty.

### MARTINEZ

Equal parts Tarquin's Gin to Knightor Rosé Vermouth, Angostura bitters and Maraschino Cherry.

### GIBSON

5:1 ratio of Gin or Vodka to Vermouth with a pickled onion garnish.

all 12

## Margarita

The classic summer cocktail blending fresh lime, Triple Sec and your choice of Tequila, and Fair Kumquat Liqueur.

### CLASSIC

Vivir Blanco Tequila, Kumquat Triple Sec and lime juice.

10.5

### TOMMY'S

Vivir Blanco Tequila, Agave Nectar and lime juice.

10.5

### SPICY

The addition of jalapenos for that extra kick.

10.5

### SMOKEY

Uno Mezcal, Kumquat Triple Sec and lime juice.

12

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# COCKTAIL

# Mocktail

<b>Espresso Martini</b> Aval Dor Vodka combined with cold brew Cornish Coffee, a touch of vanilla and Café Fair Liqueur.	11
<b>Bramble</b> A delightful Tarquin's Gin cocktail featuring lemon juice and blackberry liqueur.	11
<b>Mojito</b> A Cuban classic made how you like it – with either dark, white or spiced rum. Sweet tooth? Try Aluna Coconut Rum. Irresistibly fresh and punchy. For a summer alternative, opt for a Strawberry Mojito instead.	10
<b>Bloody Mary</b> House smoked tomato juice blended with spices, tabasco, Worcester sauce, horseradish, and lemon. Don't forget the multi-award winning, first plough to bottle Aval Dor vodka.	12

<b>Bedruthan Sunrise</b> Combining Navas Ginger Ale, with orange juice, lemon juice, and cranberry juice.	6
<b>Lime Fizz</b> The alcohol-free “No-jito” can be finished with elderflower, apple juice, soda or lemonade – which will you choose?	6
<b>Berry Cloud</b> All about the berries! Blackberries, apple juice, lemon juice and a touch of sugar make this a firm favourite.	6
<b>Virgin Mary</b> Your classic Bloody Mary, but with none of the alcohol. House smoked tomato juice blended with spices, tabasco, Worcester sauce, horseradish, and lemon.	7

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# BEER, ALE & CIDER

Tap

			<b>Half</b>	<b>Pint</b>
<b>Harbour Pilsner Lager</b> 5% - 330ml Clean, fresh Czech style made with Cornish water.	5	<b>Korev Lager</b> 4.8% Full-on refreshment born and bred in Cornwall.	2.8	5.5
<b>Mena Brea Italian Lager</b> 0% - 330ml Think Peroni without the hangover.	4.5	<b>Tribute Cornish Pale Ale</b> 4.2% Zesty and fresh with fresh orange and grapefruit notes.	2.8	5.5
<b>Jubel Peach Lager</b> 4% - 330ml Dangerously drinkable. Juicy and fresh.	5	<b>Harbour Daymer Pale Ale</b> 3.8% Golden pale ale with a clean, crisp and citrus flavour.	2.8	5.5
<b>Jubel Elderflower Lager</b> 4% - 330ml Dangerously drinkable. Fresh and floral.	5	<b>Cornish Orchards Cider</b> 4.5% The perfect summer evening refreshment.	2.8	5.5
<b>Firebrand Shorebreak Pale Ale</b> (VG, GF) 0.5% - 440ml Smooth and fresh with tons of tropical flavours.	5.5			
<b>Firebrand Patchwork Rocket Pale Ale</b> (VG, GF) 4% - 440ml Full of palate pleasing melon, peach and pine.	6			
<b>Firebrand Beast of Bodmin Ale</b> (VG, GF) 5% - 440ml Malty red ale with complex fruit and a touch of bitterness.	6			
<b>Mena Dhu Cornish Stout</b> 4.5% - 500ml Malty and chocolatey with a touch of liquorice.	6			
<b>Polgoon Elderflower Cider</b> 4% - 500ml Refreshing, clean, crisp, dry apple flavour.	7			
<b>Castledor Cider</b> 6.5% - 330ml Award winning beautiful dry cider.	6			

VG Vegan GF Gluten Free

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# GIN

<b>Tarquin's Dry</b> 42% - 25ml Orange peel, juniper and cardamom mingle with eastern spice and green pine.	5	<b>Loveday Kissing Gate</b> 40% - 25ml Wild gorse flowers, lovage and chamomile. All foraged in stunning Cornwall.	6
<b>Tarquin's Rhubarb &amp; Raspberry</b> 38% - 25ml That harmonious balance of bitter and sweet. Fresh and delicious.	6	<b>Loveday Golden Hour</b> 45% - 25ml Grapefruit, cardamom and pink peppercorns elegantly blended for sublime drinking.	6
<b>Tarquin's Blackberry</b> 38% - 25ml Cornish blackberries and wild honey excite and delight for a fruity twist.	6	<b>Rosemullion Seafarer's</b> 43% - 25ml Coastal herbs and seaweed lend hints of the wild Cornish coast.	6
<b>Tarquin's Blood Orange</b> 38%-25ml Blood orange and gentian root balance sweet and bitter expertly.	6	<b>Rosemullion Harvest</b> 43% - 25ml Ripe apples and plum flavours mix it up with sloe and citrus.	6
<b>Tarquin's Navy Seadog</b> 57% - 25ml Orris root, green cardamom seeds, cinnamon and violets.	7	<b>Sea Arch Coastal Juniper Alcohol-Free</b> 0% - 25ml All-natural botanicals, including hand-harvested sugar kelp, samphire, juniper, blood orange, cardamon coriander, grapefruit, lemon, and sage.	5
<b>Caspyn Midsummer</b> 40% - 25ml Cornwall's answer to Hendricks. Cucumber and floral flavours lift the gin.	7	<i>Dare to be different!</i> 40% - 25ml Try Avallen Calvados with Navas tonic and freshly sliced apple.	8.5

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# VODKA

- Aval Dor** 40% - 25ml 5  
Platinum award winning vodka from Cornwall. Clean, smooth and almost creamy texture. Makes an incredible Martini.
- Aval Dor Seaberry** 40% - 25ml 6  
The award winning vodka infused with sea buckthorn berries. Tropical flavours mingle with touches of honey.
- Davna Wodka** 40% - 25ml 6  
An incredibly smooth vodka celebrating Poland's vodka history. Crystal clear spring water, rye and wheat. Simple and exquisite.

# Rum

- Don Q Cristal** 40% - 25ml 5  
From the most sustainable distillery in the Caribbean. Crystal clear and light. Perfect for blending and mixing.
- Don Q Gold** 40% - 25ml 6  
A blend of aged rums from two to five years. Caramel and oak spice lead the way bolstered up with vanilla and molasses.
- Devon Rum Honey** 38% - 25ml 6  
A blend of Caribbean rums and Devon honey. Nutmeg, vanilla and toasty notes mingle effortlessly. Sip over ice with a wedge of lime.
- Dark Matter Spiced** 40% - 25ml 6  
From the sunny shores of Scotland comes a unique spiced rum. Thai and Indonesian spices entwine with Caribbean molasses for pure enjoyment.
- Velho Barreiro Cachaca** 39% - 25ml 5  
Brazil's favourite sugar cane spirit. Think rum with a twist. Great in a Caipirinha cocktail.
- Aluna Coconut** 35% - 25ml 5  
Caribbean rum combined with toasted coconut and coconut water, its low in sugar and sustainable

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# WHISKY

## *English*

**The English Whisky Distillery - Smokey** 43% - 25ml 6  
England's oldest whisky distillery. Burnt caramel, spice and butter toffee popcorn.

## *Irish*

**Hinch 5 Year Old Single Malt** 43% - 25ml 6  
From County Down comes awesome craft whiskey. Toffee, crème brûlée, vanilla custard, and cake spice.

## *Scottish*

**Spearhead Single Grain (Loch Lomond)** 43% - 25ml 5  
Cutting edge technology meets tradition. Berries, vanilla, fudge with spice and brown sugar.

**Torabhaig Allt Gleann** 46% - 25ml 7  
The newest distillery from the Isle of Skye. Peated smoke, orchard fruits, malt sweetness and hints of salinity.

## *Australian*

**Morris Single Malt Whisky** 46% - 25ml 7  
Nestled in one of Rutherglen's best vineyards. Toasted grains, caramel and marzipan with smokey sweet spice.

## *American*

**Balcones Pot Still Bourbon** 46% - 25ml 6  
The oldest distillery in Texas. Candied oak smoke, tobacco and orange marmalade.

## *Japanese*

**Hatozaki 12 Year Old Whisky** 46% - 25ml 8  
Finished in Japanese plum liqueur and bourbon casks. Dried stone fruit, vanilla, peaches, and cream with a lingering spice.

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## COGNAC & CALVADOS

## Tequila

**Frapin VSOP Cognac** 40% - 25ml

Classic Cognac from a top producer. Honey, spices, hazelnut and a touch of vanilla.

6

**VIVIR Blanco** 40% - 25ml

Made by tequila lovers for tequila lovers. Zesty and clean flavours with refreshing notes of agave.

5

**Avalen Calvados** 40% - 25ml

This gets its name from Apple tree in Cornish. Toffee apple, vanilla and honeysuckle.

6

**VIVIR Reposado** 40% - 25ml

Aged in cask for complexity. Chewy caramel weaves with smoke and agave earthiness.

7

**Uno Mezcal** 40% - 25ml

From selections of different agave, roasted slow and low. Vanilla pods and agave mingle with smoke and hints of pine.

7

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# Liquer

# FORTIFIED & DESSERT

<b>Cotswold Cream</b> 17% - 50ml Classic Cognac from a top producer. Honey, spices, hazelnut and a touch of vanilla.	5	<b>Knightor Dry Vermouth</b> 15% - 50ml Bergamot, citrus and spice entwine with Seville oranges and bitters.	5
<b>Fair Café</b> 24% - 25ml Arabica coffee beans blend with vanilla and warm oak spice.	4	<b>Knightor Rosso Vermouth</b> 15% - 50ml Spicy and fruity. Bitter orange, chinchona and caramel.	5
<b>Fair Kumquat</b> 22% - 25ml Orange marmalade, honeyed with a touch of bitterness.	4	<b>Ferreira 10 Year Old White Port</b> 20% - 50ml Intense aromas of dried citrus peel, nuts, caramel, and baking spices.	6
<b>Bepi Tossolini Limoncello</b> 30% - 25ml Amalfi lemons, sweet yet with a real citrus bite.	4	<b>Pedro Ximenez Triana</b> 15% - 50ml Pressed and vinified, before long ageing in soleras of American oak. The wine has an intense dark treacle colour and a rich and luscious texture.	9
<b>Bepi Tossolini Amaretto</b> 28% - 25ml Sweet marzipan flavours dominate. Incredible flavour.	4	<b>LBV Port</b> 20% - 50ml Red berry fruit with aromas of raspberry and strawberry. A round and full bodied Port, with a velvety texture.	10
		<b>Late Harvest Royal Tokaji</b> 12% - 50ml Rich notes of ripe peach, exotic fruit and blossom. It has the perfect balance of honeyed sweetness and fresh acidity, making it a great pairing for desserts and cheeses.	13

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# SOFT DRINK

## *Soft*

all 3

**Karma Cola** 250ml

**Karma Sugar Free Cola** 250ml

**Karma Orangeade** 250ml

## *Mixers*

all 2,5

**Fever Tree Lemonade** 200ml

**Navas Tonic Water** 200ml

**Navas Light Tonic Water** 200ml

**Navas Soda Water** 200ml

**Navas Ginger Ale** 200ml

**Navas Ginger Beer** 200ml

## *Housemade Lemonades*

all 3,5

**Traditional**

**Elderflower**

**Raspberry**

**Lime & Mint Cooler**

## *Fresh Juices*

all 2,5

**Orange** 250ml

**Tomato** 250ml

**Cranberry** 250ml

**Grapefruit** 250ml

**Apple** 250ml

**Pineapple** 250ml

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# TEA

English Breakfast	all 3
Decaffeinated	
Earl Grey	
Peppermint	
Green Tea	
Lemon and Ginger	

*Alternative milks available - Oat, Almond, Coconut and Lacto Free.*

# Coffee

Single Espresso	2.5
Double Espresso	3
Americano	3.1
Cappuccino	3.8
Flat White	3.6
Latte	3.8
Mocha	4
Hot Chocolate	3.5
Liqueur Coffee	7.5
Espresso, double cream and your choice of spirit.	

SPEARHEAD WHISKY  
BEPI TOSSOLINI AMARETTO  
FAIR CAFÉ LIQUEUR  
COTSWOLD CREAM LIQUEUR

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